

# Erdheim-Chester disease ( ECD )

## ECD

Lipid Granulomatosis

1930: Jakob **Erdheim**  
William **Chester**

50-70才 (7 - 84才) 男女比3 : 1

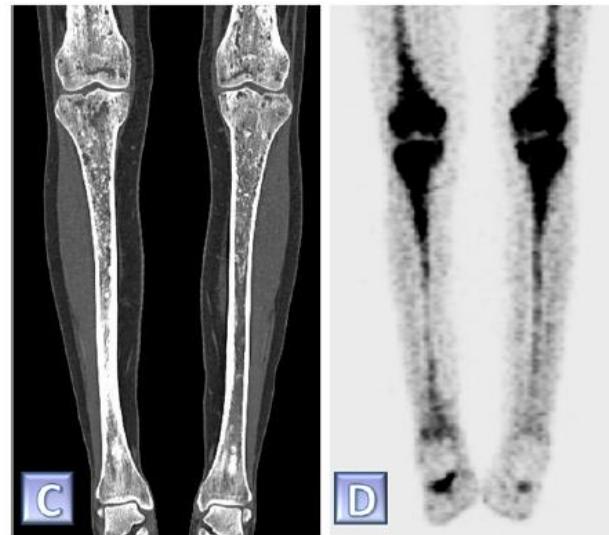
CD68+, S100+/-, CD1a-

- foamy macrophagesの集簇
- 慢性炎症
- 線維化
- 臓器障害

稀な発症

US ECD alliance 170例、海外142例  
仏 1995年から165例

## 左右対称性の骨硬化



Orphanet J Rare Disease 2013 Mazor

〈これまでの治療〉

- INF $\alpha$
- 2CdA
- Anakinra(IL-1 受容体antagonist )
- Infliximab (TNF $\alpha$ 抗体)
- Sirolimus

3年 Mortlity rate 60% → 20%

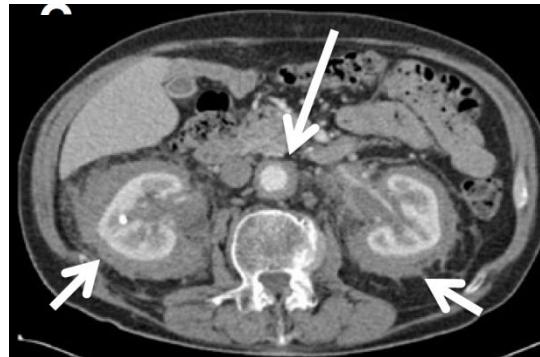


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## ECDに特徴的な所見



- 骨病変 > 95%  
両側大腿骨sclerosis
- retroperitoneal fibrosis
- coarted aorta



Estrada-Veras, et al. Blood advances 2017;1(6) 357-66.



Nikpanah, et al. European Radiology 2018;28,3751-59



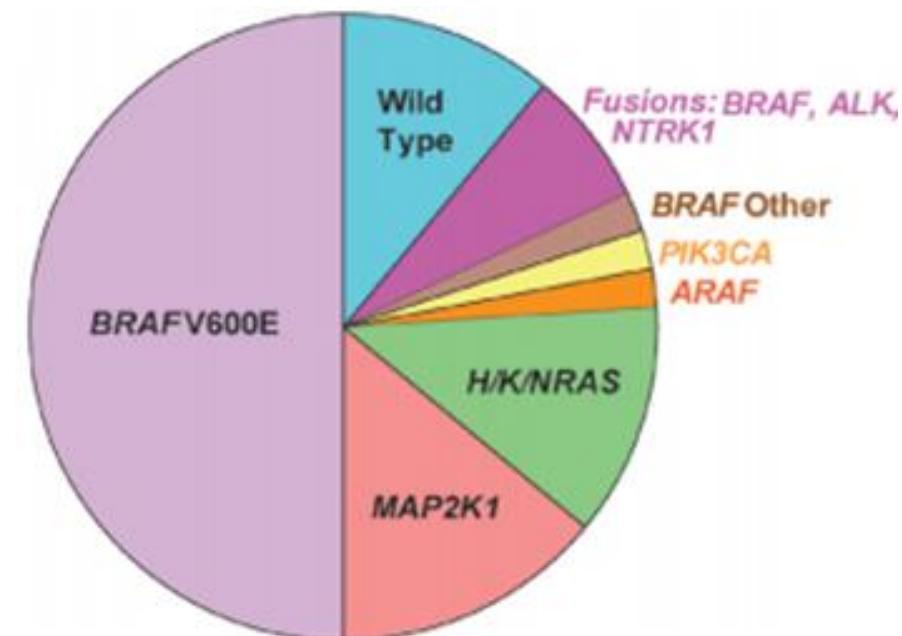
Mills,et al. NEJM 2008 359(7) 736-47.

# Erdheim-Chester disease ( ECD )

## ECDの症状

| Organ system and clinical findings | NIH patients,* n (%) |
|------------------------------------|----------------------|
| Bone                               | 57 (95)              |
| Kidney                             | 39 (65)              |
| Periaortic encasement              | 37 (62)              |
| Hypogonadism                       | 36 (60)              |
| Lung                               | 31 (52)              |
| Bone pain                          | 28 (47)              |
| Maxilla and mandible§              | 24 (47)              |
| Diabetes insipidus                 | 28 (47)              |
| CNS disease infiltration           | 23 (38)              |
| Retro-orbital area ± exophthalmos  | 15 (27)              |
| Heart (pseudotumor in RA)          | 22 (37)              |
| Xanthelasma                        | 20 (33)              |
| Skin                               | 15 (25)              |
| Pericardial disease                | 5 (8)                |

Abder-Wahab, et al. 2017 ASH mini review 14 (4)



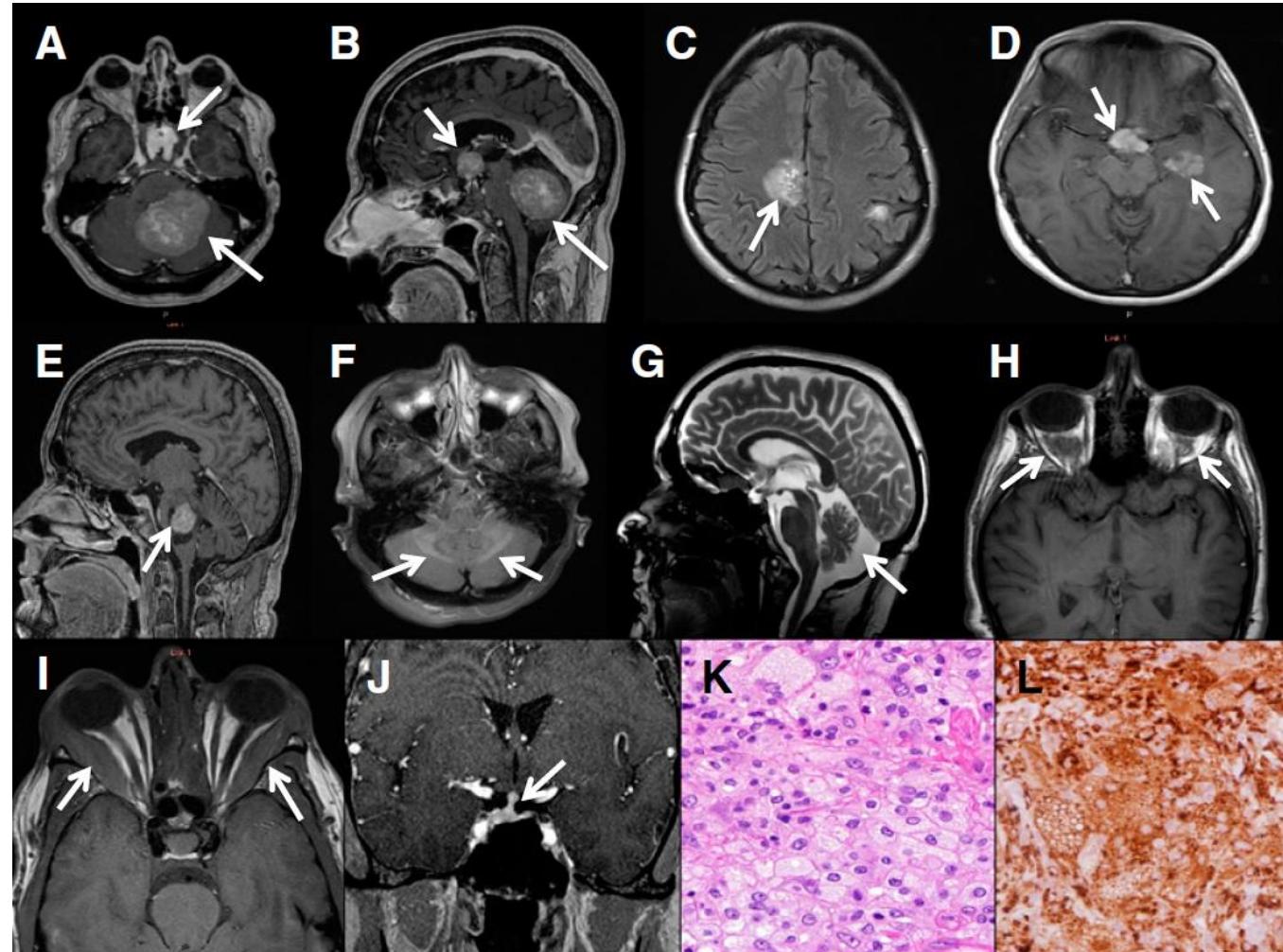
- 80%以上の症例にMAPK pathwayのmutation
- ECDの20%ちかくの症例にLCHを合併
- 尿崩症, NDを生ずることもLCHと共通

Haroche J, et al. Blood. 2012 Sep 27;120(13):2700-3.  
Estrada-Veras, et al. Blood advances. 2017;1(6):357-66.

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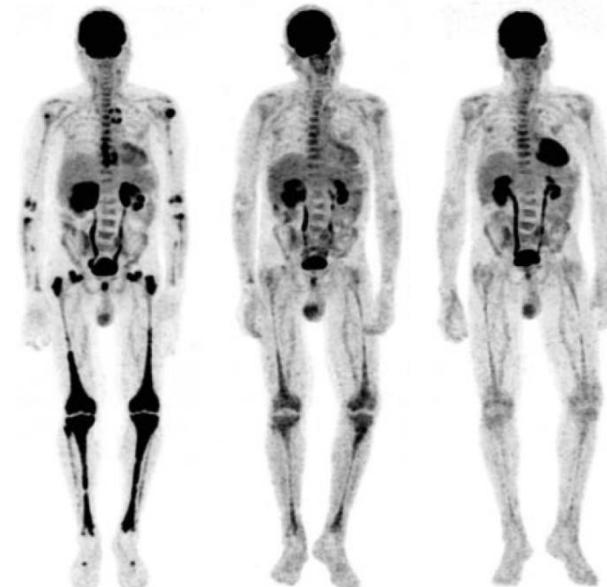
# Erdheim-Chester disease ( ECD )

## ECDに対するMAPK inhibitor

### BASKET study

ECD 22例, LCH 4例  
Vemurafenib

Diamond, et al. JAMA Oncol.  
2018;4(3):384-88.



### LOVE study

54 例  
Vemurafenib/Dabrafenib 51例  
Cobimetinib 15例

治療反応+ 88%

V600E+のECDでは91%

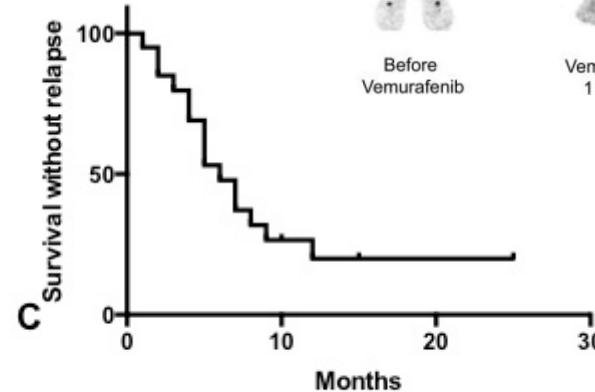
20人 Med 20か月内服後に中止

2人 増悪のため中止

15人 75%はその後まもなく再発 med 6mo

inhibitor開始時よりも勢いをもって再発

11/54 (20.4%) 副作用のため内服中止



Duration (months) 0 1 2 3 4 5 6 7 8 9 10 12 15 25  
Number of patients 20 20 19 16 15 13 10 9 7 6 5 4 2 1

Haroche J, et al. Blood. 2013 121(9):1495-1500.  
Haroche J, et al. Blood. 2017 130(11):1377-80.  
Haroche J, et al. JCO. 2015 33(5):411-8.